

## From the gardener's journal

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an agreement with Antoine Gaber, a world renowned artist, contemporary artist, photographer, film producer and impressionist painter. He has won several prestigious awards in Europe and was featured in the International Art book "who's who in international Art".

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tography called Evolutional Ribbonized Photography, which is manufactured and distributed across Canada and the USA in some large department stores.

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has already won several international film festival awards. The screening will also feature a discussion of the controversial work and a meet the producer session.

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William Cullen Bryant said autumn is the year's last, loveliest smile. Somehow those sentiments best express for me the beauty and also a little sadness of the season. After the hot and dry summer and the golden harvest, there is a distinct change in our season now.

As a friend recently shared, "I like to travel in spring when there is something to look forward to, in autumn it seems there is only winter to look forward to." Some folks like winter and the restful white of the great outdoors but recent surveys reveal that 75 per cent of Canadians do not like winter and so we as a people find many unique ways of managing this season.

For me, the delight of



working in a greenhouse on the coldest of days and being surrounded by life and blooms is my chosen path. And of course we are advised to keep our spirits up by consuming grapes, apples, pears and citrus as the light generally decreases.

November has its own charms. In our home we celebrate two birthdays and that always brings a happy reminder of life begun and of course growing up as I did with American parents we always shared

two times of thanksgiving, one in October and one in November.

Although the light decreases gradually over the month until we have a scant nine hours of daylight at the end, this year we have had a fairly mild beginning to the month. The full moon arrives mid month and we finish the month with a new moon rising... in sky terms that is a good ending and a good beginning.

Perspective on weather and life seems to be expressed in a positive way or a negative way. We can see the dark and dreary or we can choose to see the closing down for a deserved rest and the emerging new colours of winter in the red stalks of dogwood and the brighter green of conifers. Even the moments of lessening daylight is a cause for

## CARROT OATMEAL CAKE

- 3 eggs
- 2 1/2 cups water or milk
- 1 cup quick oats
- 2 medium carrots, peeled and grated
- 1/4 to 1/3 cup honey
- 1/2 tsp cinnamon
- 1/8 tsp salt
- 1/2 cup chopped pecans, toasted
- Whisk eggs with oats and milk in medium saucepan and set heat at medium low. Add carrots.
- Cook, stirring occasionally,

until very creamy, about 15 minutes. Stir in honey, cinnamon and salt.

- Divide among 4 bowls. Sprinkle with pecans.

## CRUSTLESS MINI QUICHES

- Ingredients:
- 1/2 cup finely grated Parmesan cheese
- 6 eggs
- 3/4 cup milk
- 1 cup grated cheddar
- 1/4 cup chopped parsley
- 1/8 tsp salt
- Preheat oven to 350 degrees. Lightly grease or

spray a 12 cup muffin pan. Dust the muffins cups with Parmesan cheese.

- Whisk eggs with milk, cheddar, parsley and salt in a medium bowl. Season with fresh pepper. Divide mixture into prepared pan.
- Bake in centre of oven until golden and puffy, about 25 minutes.
- Let stand for 10 minutes. Run a sharp knife (paring knife size) around the edges of each cup. Use a rubber spatula to gently remove quiches to a platter to serve.

those warm and welcoming candles and autumn scents. Yes, everything does have a season.

Although as our canny and humorous Canadian writers remind us, in some communities there is: "almost winter... winter..."

still winter...and summer". That was true of our life in Georgian Bay area and remains true if my friends from that region are speaking the truth when they connect with me. So to honour these able and resilient friends

who embrace the seasons and changes this week the recipe is carrot oatmeal cake (see box).

Until next time, keep growing. *Ruth Void Marke is the vice-president of the Fort Erie Horticultural Society.*

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