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From the gardener's journal

The Bell Tower brings new energy to downtown Bridgeburg

Since the new owners Marc and Noel have taken possession of the Bell Tower at 575 Central Ave., there have been many exciting changes.

Recent successful events include the popular Trivia Nights, the 80s dance party, the Halloween Dance party and the Kids Community Halloween day.

With glowing reviews from the participants, the



Bell Tower is making its mark in the redevelopment of the Bridgeburg district.

Stay tuned for the exciting events to come.

It's official. The Community Arts and Entertainment Complex, has an agreement with Antoine Gaber, a world renowned artist, contemporary artist, photographer, film producer and impressionist painter. He has won several prestigious awards in Europe and was featured in the International Art book "who's who in international Art".

As a photographer, he created a unique digital art technique of floral, landscape and architecture photography called Evolutional Ribbonized Photography, which is manufactured and distributed across Canada and the USA in some large department stores.

Bell Tower will be presenting a screening of Antoine's 99-minute feature documentary titled "It's all about ME" that examines the inflated sense of entitlement among youth in the Western World. The film

has already won several international film festival awards. The screening will also feature a discussion of the controversial work and a meet the producer session.

Antoine recently relocated to Niagara Falls and he and Bell Tower are very interested in developing the artistic community. He has agreed to be the artistic director and curate shows at Bell Tower. He is hoping to discover emerging local talent with the possibility of mentoring to an international level. The Bell Tower will also feature prints for sale and to be autographed by the artist during these shows to help fund raise for the Breast Cancer Society of Canada.

Check our the website the bell tower community. com for upcoming events and announcements.

From the gardener's journal

7Illiam Cullen Bryant said autumn is the year's last, loveliest smile.

Somehow those sentiments best express for me the beauty and also a little sadness of the season. After the hot and dry summer and the golden harvest, there is a distinct change in our season now.

As a friend recently shared..."I like to travel in spring when there is something to look forward to, in autumn it seems there is only winter to look forward to." Some folks like winter and the restful white of the great outdoors but recent surveys reveal that 75 per cent of Canadians do not like winter and so we as a people find many unique ways of managing this

For me, the delight of



working in a greenhouse on the coldest of days and being surrounded by life and blooms is my chosen path. And of course we are advised to keep our spirits up by consuming grapes, apples, pears and citrus as the light generally decreases.

November has its own charms. In our home we celebrate two birthdays and that always brings a happy reminder of life begun and of course growing up as I did with American parents we always shared

two times of thanksgiving, one in October and one in November.

Although the light decreases gradually over the month until we have a scant nine hours of daylight at the end, this year we have has a fairly mild beginning to the month. The full moon arrives mid month and we finish the month with a new moon rising... in sky terms that is a good ending and a good beginning

Perspective on weather and life seems to be expressed in a positive way or a negative way. We can see the dark and dreary or we can choose to see the closing down for a deserved rest and the emerging new colours of winter in the red stalks of dogwood and the brighter green of conifers. Even the moments of lessening daylight is a cause for

CARROT OATMEAL CAKE

- 3 eggs 2 1/2 cups water or milk
- 1 cup quick oats
- · 2 medium carrots, peeled and grated
- 1/4 to 1/3 cup honey
- 1/2 tsp cinnamon + 1/8 tsp salt
- · 1/2 cup chopped pecans,
- · Whisk eggs with oats and milk in medium saucepan and set heat at medium low. Add
- . Cook, stirring occasionally,

until very creamy, about 15 minutes. Stir in honey. cinnamon and salt

 Divide among 4 bowls. Sprinkle with pecans.

CRUSTLESS MINI QUICHES

- 1/2 cup finely grated
- Parmesan cheese
- · 3/4 cup milk
- · 1 cup grated cheddar
- 1/4 cup chopped parsley
- Preheat oven to 350 degrees. Lightly grease or

spray a 12 cup muffin pan. Dust the muffins cups with Parmesan cheese.

· Whisk eggs with milk, cheddar, parsley and salt in a medium bowl. Season with fresh pepper. Divide mixture into prepared pan.

 Bake in centre of oven until golden and puffy, about

. BLet stand for 10 minutes. Run a sharp knife(paring knife size) around the edges of each cup. Use a rubber spatula to gently remove quiches to a platter to serve.

those warm and welcoming candles and autumns scents. Yes, everything does have a season.

Although as our canny and humorous Canadian writers remind us, in some communities there is: "almost winter... winter...

still winter...and summer". That was true of our life in Georgian Bay area and remains true if my friends from that region are speaking the truth when they connect with me. So to honour these able and resilient friends.

who embrace the seasons and changes this week the recipe is carrot oatmeal cake (see box).

Until next time, keep Ruth Vold Markle is the vice-president of the Fort Erie Horticultural Society.

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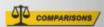
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